



GFWC – Charlotte

CLUB COMMUNICATOR

VOLUME XIV NUMBER 4

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MARY REMENAK NAMED “MS. FEDERATION”

This award is presented to a person who has an avid interest in promotion and support of Federation goals and programs. This can be demonstrated by sponsoring new members, attending district, regional, state or national conventions, and being involved with various GFWC activities.

Mary has done all of the above, plus initiated “Girls Want to Have Fun,” planted urns downtown, participated in mini-trips, served as vice president, and was the first president to serve a two-year term. She is currently the GFWC MI Home Life Chair, as well as the Southwestern District Home Life Co-Chair. She has supported Bay Cliff Camp and the Prescription Drug Program was developed during her presidency. She also chairs the photography group in our Club. Mary has won awards for her photographs at the state level. Professionally, she has her own interior design business and is a Master Gardener. Congratulations, Mary!

PAST PRESIDENTS HONORED





Board Talk – Margie Carter



Since Linda, bless her heart, sent you my extra Board Talk from December as an email, I don't have Board news for you. I hope your holidays were joyous and filled with family and friends. Those of us who lost loved ones either family or friends this past year, had extra thoughts on our hearts but then, life goes on no matter what. We were blessed with fairly good weather compared to those on the east and west coasts so traveling within Michigan was easy.

I am looking forward to writing the Annual Report this month and getting on with a fun GFWC-Charlotte year. You have assisted me in enjoying everything and everybody so far and the rest of the year looks good -- thanks to you and to Sylvia's efforts. May 2011 be a good one for each and every one of you.

LAP ROBE PRODUCTION

Four GFWC-Charlotte members met in the Michigan Room (which really is well named because it is filled with research information about Michigan) at the Charlotte Community Library to work on lap robes to be donated to Hope Landing. Several members had held their own lap robe bee in a private home, and when the day was done, we took home 8 completed robes. Four more were started to be completed by the December 3 meeting.





Past President Jo Gager received “special honors,” as she was jealous of those past presidents who had served more than one term receiving extra roses last year 😊

Past Presidents pictured on page 1 are: Lee Falik, Karen Elsesser, Chris Fleischmann, Donna W. Johnson, Shirley Rann, Cheryl Jackson, Mary Remenak, Ginny Aitken Lewis, Carol Monroe, Bev Trumley, Lori Pray, Nola Buck, Sandy Maatsch, Marian Johnson, Jeannette Sommer, Sara Biskie and Linda Foster. (Joyce Sparks was present, but not pictured.)

OUR CHORUS SINGS AT THE DECEMBER MEETING & ROTARY . . .



Peggy Nichols, Marlene Darin, Jan Harms, Dorothy Leeser, Diane Hudson, Lori Pray, Barb Thiel, Jo Vanderstelt, Stormi Stuler, Judy Whitkopf, Carol Rossio, Joyce Sparks, Sandy Maatsch, Linda Foster, Jeannette Sommer, Sally Jewel and Joan Hasselback. Director: Carolyn Maier Pianist: Nancy Hoskins



Membership Memos

Be sure you have updated your pictorial directory and booklet . . .

Delete: Mary Jean Baker, Susan Davis, Mary Kroodsmas, Nancy Pick, Cheri Smith, and Wanda Powell

Move: Bev Trumley from Associate to Honorary; Diane Joppie and Carol Monroe to Associate

Add New Members: Peg Cameron, Beth Fry, Suzanne Hayes, Pam Jarvi, Connie Miller, Dianna Rabey, Jessica Sommer, and Mary Stafford



GFWC- Charlotte New Member Orientation

Pictured are the newest members of GFWC-Charlotte:

Front row (l to r) Peg Cameron, Jessica Sommer, Connie Miller, and Beth Fry

Back row (l to r) Dana Prey, Pam Jarvi, Mary Stafford, Jan Day, Suzanne Hayes, and Dianna Rabey

Recently, the members of GFWC-Charlotte welcomed 10 new members to the club through the annual New Member Orientation. The meeting was hosted by the 2010-2011 Membership Committee Jessica Edel, Lorraine Green, Cheryl Jackson, Sherry Myers, Patty Retzer, and Elizabeth Siler and Kathy Tomlanovich assisting the committee. 25 members of our club were in attendance.

Our club added eight new members in the 2010 Fall Membership drive which ran September through November.

The ladies were provided with information about GFWC at the national, state, and southwestern district levels along with programs that the local organization supports. New members are welcome throughout the club year into GFWC-Charlotte. The organization is the largest all female service organization in the world which is focused on volunteerism in numerous community assistance programs. For more information regarding club membership contact membership chair Cheryl Jackson at 517-543-8020 or visit our website at www.gfwc-charlotte.com.



BIRTHDAYS

19 Shelby Butler
19 Gloria Wilson
21 Lori King
26 Cheryl Jackson

LATE JANUARY

EARLY FEBRUARY

02 Marian Johnson
03 Eva Crandall
03 Lola Wilson
04 Barb Fulton
05 Carol Idalski
05 Jackie Carr
09 Cynthia Siarny
15 Mona Ellard
16 Barb Curtis



ANNIVERSARIES

07 Bev & Dick Trumley
09 Betty & Jim Crandall

14 Carole & John Barnett-Stopper
16 Jo & Dan Vanderstelt

Remembrances . . .

Vivian Flower - hip surgery

Jo Gager - heart problem

Betty Crandall's daughter - surgery

Cynthia Siarny - on-going health issues

Sara Biskie - surgery

Lori Pray & Jeannette Sommer & Jessica Sommer - death of Laurel Pray



Laurel Pray died December 4, 2010

Laurel was a 56-year continuous club member. She was awarded honorary status in 2004-5. Our sympathy to her husband, Joe, and her extended family.



GFWC-Charlotte Community Involvement Commitment Project

(for GFWC CIC: Community Improvement Contest)



GET ACTIVE and MOVE (GAM)

The first of three series, with twenty-five third and fourth graders, at Galewood Elementary was completed on November 18. This five-week series, that entailed two days a week sessions for five weeks, brought 14 GFWC -Charlotte members and children together to increase physical activity for both. At each session a new physical activity

was offered by two of the GFWC-Charlotte members. The activities ranged from a dental relay, bowling blindfolded, animal juggling, and shoe box relay to a bean bag toss. GFWC-Charlotte partnered with Hayes Green Beach Hospital's Wellness Center who offered a session on Zumba Dance and Yoga.

At the end of each session, the youth were given either a fruit smoothie or water and fresh fruit. Additional partners included Michigan State University Extension's Supplemental Nutritional Education instructor, Ski Loft, CharLanes , Oriole Hutt and Wal-Mart.

The Get Active and Move (GAM) name of the project was developed by the kids. After each session, the children were asked to assess the physical activity and treat. This daily assessment has helped us to tweak some of the future activities and nutritional offerings. One of the lessons we have learned is to prepare the children for the next session by sharing what type of activity they will be asked to complete and answer any youth questions.

The school principal, Ms. Gonzales, has asked that we remain with the same children for the full year so that we can really see the changes in the children's desire for physical play. What we have seen already has been remarkable - children have learned how to play on a team, they look forward to anything that includes running, and they enjoy the interaction with caring adults.

Coming in January, the kids will be given t-shirts with the GAM logo . The students chose the color neon orange for the shirts. The next series will begin following Christmas Break and last six weeks. GFWC-Charlotte members again have developed a new schedule of physical activities for the kids. This next series will partner with Charlotte businesses: Martinez Martial Arts and a local DJ.

The last series will begin after Spring Break and will last four weeks. Since the weather will allow us outdoors, this series will be turned into a Walking Club. We have been given permission to use the sidewalks in the neighborhoods that surround Galewood Elementary.

In addition to the focus on physical exercise and team play, this project wants to increase the children's nutritional experiences and introduce new healthy eating ideas to them. After discovering that the Galewood Elementary Library had a very limited number of reading books that focus on healthy eating habits, a literacy grant was submitted to the National GFWC's Focus on Literacy Club Grant. On November 12th, we were notified that an amount of \$150 was approved. According to Jamie Leidelmeyer, National GFWC Grant Administrator, " I think this was an interesting take to look at a health and nutrition-based literacy program for children and I wish you the best of luck with it!"

If you have an interest in joining the Get Active and Move project, please let one of the following project members know: Beth Fry, Carol Rossio, Dana Pray, Jeannette Sommer, Jessica Sommer, Jo Vanderstelt, Lorraine Green, Marge Carter, Mary Remenak, Mona Ellard, Pam Jarvi, Peg Cameron, Peggy Nichols and Sue Pruden.



Tea and Tomes: "Love and disdain living side by side." So says

Kathryn Stockett in *The Help*, this month's book selection for our GFWC book discussion club. Set in the deep south in 1962, be prepared to meet three extraordinary women: Skeeter, white, a recent grad of Ole Miss; Aibileen, a black maid raising her 7th white child; and Minny, Aibileen's best friend and perhaps the sassiest woman in Mississippi. They come together for a clandestine project that will put them all at risk. Stockett is a natural storyteller whose characters, their stories and the questions they raise about the human condition linger long after you're done reading.

We will meet at the Charlotte Community Library, in the Spartan Room, at 12:45 on Tuesday, January 25. Please plan to join us. The book discussion is open to all GFWC members. Tea and refreshments will be served.

Sneak Peek for February 22: *Ladder of Years* by Anne Tyler



Thanks!

Heifer International - I want to thank everyone for their generous donations to the Heifer International fund. We have a total of \$540 to give to them. Some will go for them to decide and some will buy a goat, rabbits, a sheep, ducks and chicks and some seedlings. Thank you all for the support. Dyna Lehman for Heifer International

Innisbrook Fundraiser

Thank you, Fellow Club Members, for your support of the **Innisbrook** fundraiser. The profit this year was \$387.18, so we were quite successful in raising money for our many projects.

May you all have a wonderful 2011!!

Lee Falik



GFWC Fair Trade/Organic Coffee Fundraiser



Thanks to those of you who purchased coffee at the December Christmas Tea. Sales were very brisk and have helped to make this club fundraiser successful to date.

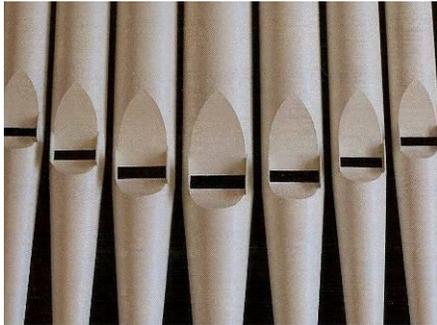
Both Regular and DeCaf 16oz bags in whole bean and ground will continue to be available at the general membership meetings through the remainder of the year. A supply of coffee is also on hand and available for purchase by calling Marlene Darin at 543-2810 or Sharon Kubica at 517-231-3204. They sell for \$10 per bag.

Funds raised through these sales will help finance some of the many club activities and programs that support the students, families, and organizations in the Charlotte community. We thank you for your support to date and hope that you will continue to purchase coffee throughout the year.

Our **Photography Interest Group** will meet

Thursday, February 10 at 12:30 in the Spartan Room of the Charlotte Community Library. Back by demand, Val Hoffman will return to continue with further technical instruction in the use of point and shoot cameras, in particular, and photography in general.

If you have put our Group on your New Year's Resolution list, contact Mary Remenak and I will gladly bring you up to date.



Monthly Photo Sharing Picks of the Month were from April Brooks (l) and Connie Miller (r) !

MINI-TRIP TO GRAND RAPIDS ART MUSEUM TO SEE THE PRINCESS DIANA EXHIBIT ON JANUARY 14TH

Pictured: Carol Rossio, Linda Foster, Sharon Kubica, Kathy Tomlanovich, Lorraine Green and Anna Basterra-Sundquist. Others who attended were: Connie Fast, Brynda Filkins, Patty Retzer, Sue Farlin, Lori Pray, Cheryl Jackson, Margie Carter & Peggy Nichols.



A beautiful, sunny, snowy day with lots of fun and laughter. Some of us are a little more challenged than others as to where the car is parked, where the car keys are, how to get out of the parking ramp, etc., but all went well and we toured an interesting exhibit. (We also got to see the Art Prize 2010 Winner, which was a pencil drawing of men returning from war. It took the artist eight months and 80 pencils to complete. Lunch at The Bobs for most of us made for lots of fun and fellowship.

OPERATION SMILE BAGS

Looking for something to do this winter? Why not sew some Operation Smile Bags. The bags are easy to make and you can choose cotton fabric from your own supply or purchase fabric. The only restriction on fabric is that no prints contain religious symbols or markings or are related to war or violence, such as guns, military action figures, etc. as these may offend the cultural beliefs of international patient's. 18 members are involved in the project so far. If you are interested and need instructions call me at 645-2573 or email me at hobie7040@sbcglobal.net and I'll get the instructions to you.

The project will come to a close at our April meeting so if you're out of state for the winter, return your bags as soon as possible after you return.

Thank you for your continued support of this program.

Remember to get your articles in by the 15th of each month for *The Club Communicator* to:

Linda Foster, 316 Beech St., Charlotte, MI 48813; 543-3041;
ed@fosterdvm.com

Special Note: February, 2011 Deadline is the 14th!



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