



GFWC – Charlotte

CLUB COMMUNICATOR

VOLUME XIV NUMBER 2

October, 2010

Nutrition & Food Labeling – dirty & safe foods



**Speaker, Melanie Sheehan,
HGB Dietician**



New members: Beth Fry, Connie Miller, Pam Jarvi and Dianna Rabey
Not pictured: Peg Cameron and Suzanne Hayes

**[New member update and Orientation Invitation are
in separate attachments. Please print them off.]**

Chorus performing at the October, 2010 meeting



Board Talk – Margie Carter



- >The Board met on September 22. Cheryl Jackson presented the six new members' biographies and each was approved.
- <Starting in November, at least 12 books will be offered for sale at the cost of \$1 for hard cover and \$.50 for paperbacks. There will be a box for your convenience in paying and this sale will be on the honor system. Members who wish to donate their books, just bring them and place them under the table for next month's sale. These books will change each month so be sure to check them out.
- > Melanie Sheehan gave us invaluable information on reading product labels and being safe with fresh produce at the October meeting.
- > Lap Robes for Hope's Landing groups are being formed and we will meet November 19 at 1 p.m. for a robe bee at the Library Michigan Room.
- >The Home Tour Committee has met and would like to have someone volunteer to help Eva Crandall with Publicity and also someone to step forward and volunteer for the after-Tour dinner.
- >Remember to let Linda Foster know of any contact changes for you and if you have articles, get them to her by the 15th of the month.
- >Also, remember that November/December are dedicated to bringing items for Siren Shelter. Use your lists given by Nola Buck at the October meeting and donate to this worthy cause.
- >October is Breast Cancer Awareness Month so take care of that self-exam and remind a friend to do hers' too.
- >It is gratifying to see so many capable, sharing, caring, and happy women at the meetings. It makes my job so much easier.

SIREN HOLIDAY TEA



Margie Carter, on behalf of GFWC-Charlotte, is sponsoring a table at the Siren Holiday Tea to be held on November 7 from 2:30-4 p.m. There are still 4 seats available at \$10 each. The theme will be "Fall Fest" and it will be a celebration of the fall season. Come and enjoy the spirit of the occasion and the food is wonderful. Let Margie know if you can attend.

Scenes from last year:



Speaking of eating in a healthy manner . . .

An 85-year-old couple had been married for 60 years. Though they were far from rich, they managed to get by because they watched their pennies. Though not young, they were both in very good health, largely due to the wife's insistence on healthy foods and exercise for the last decade.



One day their good health didn't help when they went on a rare vacation and their plane crashed, sending them off to Heaven. They reached the Pearly Gates and Saint Peter escorted them inside. He took them to a beautiful mansion furnished in gold and fine silks with a fully stocked kitchen and a waterfall in the master bath. A maid could be seen hanging their favorite clothes in the closet. They gasped in astonishment when he said, "Welcome to Heaven. This will be your home now."

The old man asked St. Peter how much all this was going to cost. "Why, nothing," Peter replied, "Remember, this is your reward in Heaven." The old man looked out the window and right there he saw a championship golf course, finer and more beautiful than any ever built on Earth. "What are the greens fees?" grumbled the old man. "This is heaven," St. Peter replied. "You play for free, every day...." Next they went to the clubhouse and saw the lavish buffet lunch with every imaginable cuisine laid out before them from seafood to steaks to exotic deserts, free flowing beverages. "Don't even ask," said St. Peter to the man. "This is Heaven, it is all free for you to enjoy."

The old man looked around and glanced nervously at his wife. "Well, where are the low fat and low cholesterol foods and the decaffeinated tea?" he asked. "That's the best part," St. Peter replied. "You can eat and drink as much as you like of whatever you like and you will never get fat or sick. This is Heaven!"

The old man pushed, "No gym to work out at?" "Not unless you want to," was the answer. "No testing my sugar or blood pressure or..." "Never again. All you do here is enjoy yourself."

The old man glared at his wife and said, "You and your bran flakes. We could have been here 10 years ago!"



2010 *Innisbrook* Fundraiser

Delivery of first orders : November 5th meeting

Second orders due: November 5th meeting
Delivery of second orders: December 3rd meeting

Do not include sales tax on *Innisbrook* orders.

Please pay for the total amount of your order when you submit it. Unless you are making a cash payment, please make your **check payable to: GFWC-Charlotte**. Your check will be cashed when your order arrives.

If you did not receive a catalog at a luncheon, or if you are unable to turn in your order at a club meeting, you may pick up a catalog and/or drop off an order at *Tea and Vintage Treasures, 141 S. Cochran*.

Questions? Call Lee Falik at 543-6729.

Thank you for participating in the *Innisbrook* fundraiser!



UNCLE AL'S PECANS FUNDRAISER

First orders will be delivered November 5th. Second orders may be placed on November 5th for delivery December 3rd. Follow the same set of instructions as for the *Innisbrook* orders above. Questions? Contact Judy Whitkopf 543-6154.

Fair Trade & Organic Coffee Fundraiser



Thanks to those of you who purchased coffee at the September and October general meetings. Once again 16 oz bags of ground Regular and Decaf and whole bean Regular and Decaf coffee will be for sale at \$10 per bag at the November general meeting – a great value for the quality and quantity. Orders can also be placed with Marlene or Sharon for pickup at a future meeting or delivery since we have a supply of coffee at all times. You can place an order by calling Sharon at 231-3204 or Marlene at 543-5873.

Funds raised will help finance some of the many club activities and programs that support the students, families, and organizations in the Charlotte community. Please support this fundraiser by planning to purchase for personal use as well as possible holiday or birthday gift ideas for family and friends.

Remembrances. . .

Lee Falik has a new granddaughter! Myla Leigh Falik (Parents are Tom & Jamie)
8#14oz.

Former member, Fran Brown died 10-5-10

Happy Birthday

Birthdays

Late October

Anniversaries

19 Laurel Pray
20 Donna W. Johnson
22 Connie Fast
23 Diane Joppie
25 Jan Day
28 Shirley Hirt
30 Carol Rossio
30 Pam Jarvi

29 Elizabeth & Steve Siler
31 Mary & Richard Remenak

Early November

19 Nathalie Weseman

01 Jan & Kris Kelley
15 Carolyn & Jeff Maier
18 Lori & Rich King

Darlene Freeman's address should be: 1395 S. Lacey Lake Rd.
Sally Jewell's email is: jewellsara@att.net

YEARBOOK CORRECTIONS . . .

- On the Members Holding District and State Level Appointments page - For Nola Buck it should be **GFWC MI** Beautification Chair
- On the GFWC-Charlotte Officers page - Add **Jeannette Sommer** as a Director 2nd year of 2-year term to replace "TBA"

MEMBERSHIP



Wow, 6 new in September 2010, great job ladies!! Thank you for spreading the word about our club. Now it's time for us to welcome our new members with our New Member Orientation on November 18. The working luncheon will be held at the Charlotte Community Library-Spartan Room, 12:30pm-1:30pm. New members and sponsors make your reservations so we can share the nuances of our club with you and your new member(s).

The Membership Committee also welcomes all existing members to join in this event. This could be your way to "Make Your Connection" and 'try one new thing' in GFWC-Charlotte. We encourage all members this club year to try something new and find a way to re-connect with our club. Get a refresher course on how our club works, meet new members, and create fresh connections within our service organization.

The Fall Membership Drive ends on Monday, October 25. All membership application forms need to be completed and submitted to Cheryl prior to October 25. Of course, new members are always welcome throughout the club year, so keep spreading the word about GFWC-Charlotte.

Please RSVP by November 15, 2010 to Cheryl Jackson at (517) 543-1050 #1683 or cherjack@hughes.net

MEMBERS HELPING MEMBERS

Several GFWC-Charlotte members joined Nola Buck September 20th to weed flower beds for Cynthia Siarny, who has been a member since 2001 and needed some help due to her illness. Helpers included: Mary Remenak, Lee Falik, Nancy Holtz, Peggy Nichols, Margie Carter and Nola Buck. Volunteer work is what we do best and when it is member directed, it is even more fulfilling.





Tea and Tomes: Please join us on Tuesday, October 26, at 12:45pm for our discussion of *People of the Book* by Geraldine Brooks. Ms. Brooks is a Pulitzer Prize-winning author and one of the foremost novelists of our time. The book tells the story of the Sarajevo Haggadah, one of the earliest Jewish religious volumes to be illuminated with images. The Haggadah survived centuries of purges and wars thanks to people of all faiths who risked their lives to safeguard it. It is considered to be the most beautiful illuminated Jewish manuscript in existence and one of the most valuable books in the world. It is on permanent display in the National Museum of Bosnia and Herzegovina. Geraldine Brooks has turned the intriguing but sparsely detailed history of this precious volume into an emotionally rich, thrilling fictionalization that retraces its turbulent journey from Spain in the 1400s to Sarajevo in 2002. If you like a complex love story, a thrilling mystery, a vivid history lesson, and a celebration of the enduring power of ideas, *People of the Book* will capture your attention. Tea and Tomes meets in the Spartan Room of the Charlotte Community Library. Refreshments and tea will be served.



Sneak Peek for November 23: *The Zookeeper's Wife* by Diane Ackerman.

Galewood Fitness Project



The Community Involvement Commitment committee is seeking club members to work with us to increase physical fitness and better health with 3rd and 4th Graders at Galewood School on Tuesdays and Thursdays starting October 19 through November 18. We are with the children for 30 minutes on each day from 2:15 - 2:45 pm. If you have an interest or would like to participate in one of the sessions to observe, please contact Mona Ellard 269-749-9055.

We also need readers that will read to the children at a different time. Once I have a list of readers I will make a contact with the school librarian who will coordinate the reading sessions.

Thank you. Mona

Remember to get your articles in by the 15th of each month for *The Club Communicator* to:

Linda Foster, 316 Beech St., Charlotte, MI 48813; 543-3041;
ed@fosterdvm.com

SWD Convention

October 7, 2010



Attendees:
Linda Foster
Marilyn Monroe
Hart
Mary Remenak
Sylvia Colles
Margie Carter



Margie & GFNC MI
President Chris Burns

Linda & SWD President Donna Brown



Chris with patriotic doll singing *God Bless America* – a gift from Marilyn Monroe Hart



MINI-TRIPS



Southern Exposure – Holiday Decorating on a Shoestring

Tuesday, November 9th cost is \$45

We have reserved this date for our group to attend the Holiday Decorating evening at Southern Exposure which includes dinner. This is a very popular event that many of our members have enjoyed in the past and it is sold out at the venue for all dates! We have spaces left and they are available on a first-come first-serve basis. This is the perfect opportunity to include a friend in a fun GFWC activity! We will be carpooling from the country club at 5:30 p.m. If you are interested in going, let me know now. Spaces for this trip are secured by sending your \$45 check to me.

IKEA

Thursday, November 11th, no charge

This is a day trip to Canton to explore the unique IKEA store. We will be carpooling from the country club at 9:30 a.m. for this one-of-a-kind shopping experience.

Any ideas for future trips please let me know Jo Vanderstelt, Mini Trips Chairperson, 517-281-1301



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